



CHAT

1. LEARNING

The key to early learning is talking, especially, a child's exposure to language spoken by parents and/or carers from birth upwards, so the more the better. Chatting is free, simple but so important.

There are many valuable advantages of chatting with your child such as, it boosts language and intelligence development, helps with emotions, curiosity and critical thinking. Chat should be two-way and an exchange of fun and expressive words; engaging in the world around them.

2. BENEFITS

Your child's brain is continually growing in the early years, so lots of chatting together helps to build healthy relationships, build a creative mind as well as trust and social skills in the world around them.

3. ACTION

1

Make eye contact

2

Smile often / positive

3

Be patient

4

Chat through activities

5

Become talkative by singing & reading

6

Chat through rhythms, rhymes and games

7

Chat, chat and chat!

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<http://www.theinstituteofwellbeing.com/parent-survey>